

# “How to Overcome Our Worry Through the Lord’s Shepherding”

**Psalm 23:1-6 10/28/18**

## **Studies in the Psalms- Finding Comfort for Life**

**Big Idea-** No matter what life brings to us, if we turn our eyes towards our Good Shepherd, we can find peace, rest, and goodness... all the days of our life.

A psalm of David who was a shepherd- 1 Samuel 16:11; 17:15, 28, 34-36

*"Jesus said, I am the good shepherd, and I know My own and My own know Me"*  
John 10:14

**LESSON 1-** We take comfort in seeing the Shepherd’s care of his SHEEP

- A. God’s care for His sheep is seen in His PERSON  
(Good shepherd who lays down life for the sheep- John 10:10-11)
- B. God’s care for His sheep is seen as a PROVIDER  
("no lack"; 1-Fear; 2- Tension; 3- Aggravation; 4- Free of hunger)
- C. God’s care for His sheep is seen as a PATHFINDER  
(Isaiah 53:6; Prov 14:12; Ruts lead to death from predators; John 14:6)
- D. God’s care for His sheep is seen as a PROTECTOR  
(Ps 23:4; “darkest valley”; 1- easiest path; 2- water; 3- rich foliage)

**Going** *God wants us to embrace Him as our loving and knowledgeable*  
**Deeper** *shepherd!*

**LESSON 2-** We take comfort in seeing the Shepherd’s care of his SOJOURNERS

- A. God’s care for His guests is seen in His HOSPITALITY  
(Genesis 19:1-8; Luke 7:36-46; Isaiah 25:6; 1 John 4:19; James 1:17)

**Going** *God wants us to embrace Him as the unchangeable Good God!*  
**Deeper**

*"For thus says the Lord GOD, "Behold, I Myself will search for  
My sheep and seek them out." Ezekiel 34:11*

The LORD (Jesus) **shepherds** me (v. 1), causes me **to rest** (v. 2), **tenderly guides** me (v. 2), **brings** me back (v. 3), **leads in front** of me (v. 3), **comforts** me (v. 4), **sets a table** before me (v. 5), **refreshes** me (v. 5), **pursues** me with goodness and grace (v. 6).

I will **walk** (v. 4), I will **fear** no evil (v. 4), I will **dwelt** in the Lord’s house (v. 6).

**WILL YOU FOLLOW HIM?**